

# **Salida Early Childhood Center**

## **Family Handbook 2022-2023**

The Early Childhood Center's infant -toddler and preschool programs are funded by Head Start, Colorado Preschool Program, Early Head Start, Special Education, ECARE, and tuition for District employees.

**516 Teller St. Salida, CO 81201**

**Ph: 719-530-5362**

**[salidaschools.com](http://salidaschools.com)**





# Welcome to the Early Childhood Programs of the Salida School District!

## Our commitment to families...

- A curriculum for your child that prepares them for school and a lifelong love of learning
- A safe, secure, healthy and fun learning environment
- Staff that maintain strict confidentiality regarding your child and family
- Staff who assist you in connecting with a doctor, dentist, and resources in the community that support families with young children
- Family fun activities which are formative, interactive, and enjoyable
- Staff who communicate with you regularly regarding your child's health and development
- Healthy meals and snacks while your child is in school
- Multiple opportunities to participate and partner in your child's education
- Our Center accepts children of all abilities. Children are never suspended, expelled, or asked to withdraw for any reason

We have an **open door policy** and always welcome your comments, questions, and suggestions

## What we ask from families...

- Ensure that your child is dropped off and picked up on time
- Notify the Center if there are any changes in your phone number, address or contacts
- Send your child to school everyday when they are well enough to attend and contact the school regarding any absences
- Commit to meeting the health related requirements and follow-up by the school's deadline. If these requirements are not met with support from staff, children's participation may be impacted.
- Participate in two family conferences and two home visits every year
- Notify the Center of all persons authorized to pick up your child
- Participate in family goal setting, family events, and return requested information

Thank you for trusting us with your child! We look forward to partnering with your family and wish you a great year!

**Ilona Witty**  
**ECE Principal**

**Theresa Gilson**  
**Assistant Director**



# AUGUST 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12 Visit Day!! 11-1	13
14	15 Home Visits!!	16	17 First day of school!!	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## Home Visits

The purpose of home visits are:

- To build a *friendship* and *partnership* between the parents and teachers
- To review your goals for your child's education and make an educational plan together, to best meet the needs of your child
- To get input for program feedback and improvement
- To give you information on your child's progress

Your child's teachers will make every effort to schedule the visit at a time that works for you.

**Your child will love welcoming their teachers into your home, and it helps children feel more comfortable when they know their parents and teachers are friends!**



# Child Drop Off and Pick Up Policy

## Drop off:

The Center's doors open at 7:45am and **drop off is staggered between 7:45 and 8:30am**. All families are given a scheduled drop off time. If you have an issue with the time allotted, please let the front desk staff know and we'll do our best to accommodate.

Getting your child to school at the same time each day helps your child ease into their daily school routine. Structure and routines are very important for young children.

**Children must be signed in and out of their classroom with a full signature and time!**

We ask that parents don't linger too long in the classroom as this can become distracting to the flow of the classroom. If transitioning your child becomes challenging, the teachers are there to assist.

## Pick up:

**Children must be picked up on time every day!** Some families are enrolled in half-day classes. These will end at **12pm**. Pickup for full day students is **between 3 and 3:30pm**.

**All children must be picked up by 3:30pm!**

If you have made different pick up arrangements, please let your child's teacher and the front desk know at drop off. Only authorized persons may pick up children. Please be sure to add any individuals who may be picking up to your child's contact list. This can be done at the front desk and **MUST** be done prior to others picking up your child. Identification will be requested if the person is not known to staff.

If a child is not picked up on time, the following protocol will be followed:

- At 3:30, staff will call guardians. **AGAIN, IT IS VERY IMPORTANT TO HAVE CURRENT CONTACT PHONE NUMBERS**
- If staff is unable to reach you, we will continue to call contacts on file. **If we are unable to reach someone to pick up your child within 30 minutes of pick up time, the police will be notified.** At no time will SECC staff transport children.





# SEPTEMBER 2022

## Health and Safety Month!!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 <b>Labor day! NO SCHOOL!</b>	6	7 <b>Health Fair @ SECC 2:30pm-5pm</b>	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29 <b>Due date for physicals and immunizations!</b>	30	

## Car Seat Safety

Road injuries are the leading cause of unintentional deaths to children in the United States. **Never let your child ride in a car unless secured in an age-appropriate car seat!** Correctly used child safety seats can reduce the risk of death by as much as 71 percent.

*Information on current child restraint laws and assistance with fitting your car seat are available from **Lindsay, our school nurse.***

If your family is in need of a car seat, please see Nurse Lindsay. We may be able to help!

Per Colorado licensing regulations, your child needs to have a current physical and up to date immunizations BEFORE September 30th. This marks our federally mandated requirement.

# Health Services

## Medical Health Care

The physical and emotional well being of your child is very important to us. Our program requires that each child has the following:

- 1.) Yearly physical exam
- 2.) Up to date immunizations
- 3.) Hearing, vision and developmental screening
- 4.) Lead testing

***Please make an appointment with your physician for your child's physical exam and immunizations.***

The physical exam and screening are to assure that your child is in good health and to identify and problems that may need further evaluation. It is important to complete these before school starts. This will ensure that proper referrals and follow-up care can be done as soon as possible. We value and appreciate the time you take to accompany your children during these visits. **If you do not have insurance, please let us know and we can help connect you with the appropriate resources before you make any appointments.**

**We will be screening for hearing, vision, lead and development at the Center during school and will notify you of the results of those tests.**

## Dental Health Care

Dental health can affect how your child performs in school. Each child enrolled should have a complete dental exam. If your child has not been to the dentist yet, we will offer dental exam opportunities throughout the year.

**Tooth brushing will be a part of everyday activities. Children will be provided with toothbrushes and toothpaste to use while they are at SECC. They will also learn about foods and practices that promote healthy teeth and gums. Parents are encouraged to promote these practices at home.**

Please call **Lindsay Haarmeyer**, school nurse if you need help finding health or dental providers in the community or need assistance in paying for any of the required services (530-5358)








# OCTOBER 2022

## Attendance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 National Walk To School Day!	6	7	8
9	10 Columbus Day, SCHOOL IN SESSION	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 PAJAMA DAY! 					

For your child to gain the skills needed to start Kindergarten, regular attendance is very important. Each day of learning builds on the day before, and your child may miss some of the basics needed to advance if he/she does not attend consistently.

Attendance is recorded daily and is checked by the program staff as required by our regulations. If a child is absent for an extended length of time or attendance is irregular, the Family Services Coordinator will contact you in order to discuss strategies to improve attendance.

## Volunteers

We love volunteers both in the classroom and in the office. Stop in and chat with Sheri or Heather if you would like more information.



# Sick Child Policy

The Salida Early Childhood Center (SECC) cares about the health of all the children and wants to prevent the spread of illnesses. When your child is not feeling well, please keep him/her at home where they can rest comfortably. If you feel your child is not well enough to play outside he/she needs to stay at home.

**Please notify SECC if your child will not be coming to school.** When the nurse feels that your child is sick and should not remain at school, we will notify the parent/guardian to pick up the child. SECC does not have facilities to care for sick children.

## **Children with these symptoms should not attend:**

- Fever at or above 100.4 (oral) or 99 (axillary). Cannot return until fever free for 24 hours.
- Unusual behavior (cranky, less active, listless, crying, won't eat)
- Severe red or sore throat
- Repetitive diarrhea
- Untreated lice
- Severe coughing
- Vomiting (from infection)

## **Children with the following symptoms should also see a doctor:**

- Pink eye with white or yellow pus-type discharge
- Impetigo (honey crusting around mouth or nose)

## **Exclusion Policy- Children will be excluded from attendance at SECC if:**

The child's illness prevents the child from participating in routine activities.

Keeping the child in school poses an increased risk of illness to the child or to other children or adults with whom the child will come into contact. The child exhibits any of the following symptoms, which require immediate attention: fever, rash, abdominal pain, unusually irritable behavior, sore/red throat, upper respiratory infection, diarrhea, vomiting, impetigo, untreated lice, ringworm, pink eye with pus coming from the eye, severe coughing.

Positive COVID-19 test- please contact the nurse for quarantine guidelines and a return date

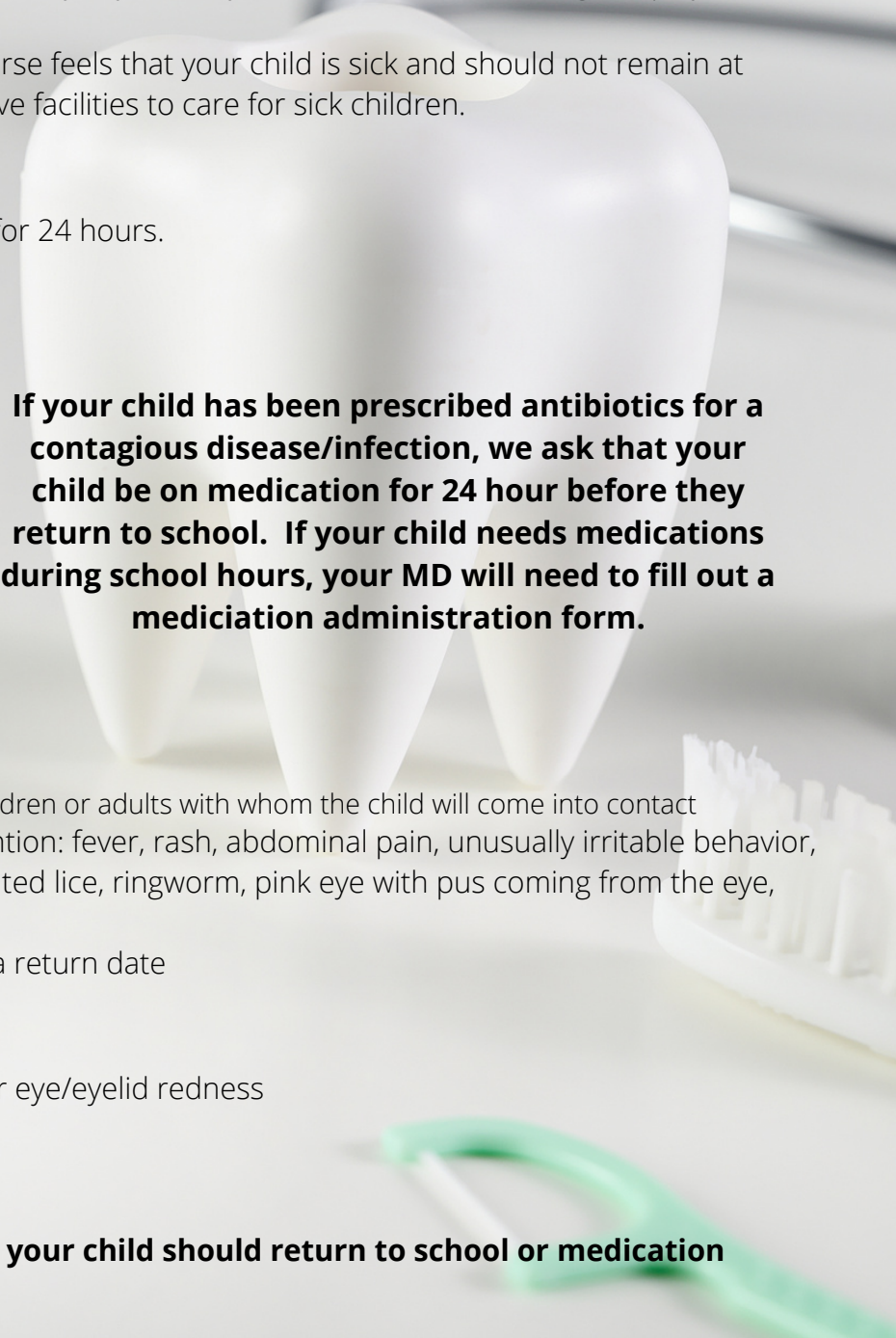
## **Conditions that do not require exclusion:**

Children with conjunctivitis with clear watery discharge and no fever, eye pain, or eye/eyelid redness

Children with a rash, but no fever or change in behavior

Mild respiratory illness that poses no risk to others

**Please contact Nurse Lindsay if you have any questions regarding when your child should return to school or medication administration!**



**If your child has been prescribed antibiotics for a contagious disease/infection, we ask that your child be on medication for 24 hour before they return to school. If your child needs medications during school hours, your MD will need to fill out a medication administration form.**





# NOVEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November is Family Literacy Month! We challenge you to READ ALOUD TO YOUR CHILD for 15 minutes/day!</b>	1	2	3	4	5	
			Parent/teacher conferences 4-6pm			
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
			<b>Thanksgiving Break, NO SCHOOL</b>			
27	28	29	30			

## Family Conferences

Family conferences are held in November and May.

Conferences are a time for you to talk with the teachers about your child's progress and set goals. We encourage all parents to attend. Here are some questions you may wish to ask...

- How is my child doing?
- What can I do at home to support my child's learning?
- How does my child behave in class?
- What are my child's friendships like?
- Does my child need extra support/where can I access extra supports for my child?

**Most of all, take this opportunity to get to know your child's teachers and celebrate your child's learning!**

# Administration of Medication

If your child is prescribed a medication that needs to be given during regular school/child care hours, we require that the medication is brought to the center and an "Authorization to Administer Medication" form be completed.

Medication will not be given without a signed medical authorization for the particular prescription or non-prescription medication.

Please do not give your child medications that they are to administer themselves while at school, such as cough drops, creams, or pills, etc. Non-prescription medications must be accompanied by written authorization from your child's physician, along with instructions for administering.

If your child has a prescription for an Epi Pen for treatment of allergy symptoms or an inhaler for asthma, please ask your child's doctor to prescribe an extra one that may be kept in a locked medication box in case of emergency.

## Injured Children and Emergencies

Minor injuries like scrapes, small cuts and bumps are treated by the staff. Parents are made aware of all injuries, through the use of "accident report forms". If outside treatment is required for a non-life threatening emergency, the school nurse will notify you and explain the situation and advise accordingly. If it is a life threatening emergency, staff will call 911.

In the event of an emergency, the Salida Early Childhood Center will follow the procedures outlined in the Salida School District Emergency Preparedness Plan. This plan is available on the Salida School District website, [www.salidaschools.com](http://www.salidaschools.com)

**\*PLEASE MAKE SURE THE SALIDA EARLY CHILDHOOD CENTER HAS UPDATED PHONE NUMBERS FOR BOTH PARENTS, IN THE EVENT OF AN INJURY OR EMERGENCY\***





# DECEMBER 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>If you need assistance purchasing Holiday gifts, please see Sheri or Heather to be added to the Tree of Hope!</b>				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22 <b>Last day of school before Winter Break!</b>	23	24
25	26	27	28	29	30	31
<b>Winter Break- No school!</b>						

## Winter Clothing

Please check the weather daily to ensure that your child has the necessary warm clothing to enjoy his/her time outside.

Necessary items include a warm winter coat, hat, waterproof mittens, snow pants, and snow boots

*If you are in need of any winter clothing for your child, please see Sheri or Heather, the family service coordinators.*

**LEAP applications (energy bill assistance) are available. Ask a staff member for help!**



# Family Services and Family Engagement



The most important educator in your child's life is YOU. We recognize that this is an exciting and sometimes daunting prospect. We all want to do the best for our kids, right? Did you know that the family is the primary force in preparing children for school?! It is proven that when schools & families work together, children succeed!

The Head Start approach to school readiness means that children are ready for school, families are ready to support their children's learning and schools are ready for children.

To support you as your child's first and most important teacher, the Family Services Coordinators, *Sheri Johnson-Horsley* and *Heather Soderman*, will partner with parents to:

- Support families in reaching their goals via Family Partnership Agreements (FPA's.) FPA's identify the strengths & resources of each Head Start family in the program and are designed to support families in meeting their goals. Families are asked to meet with the family services staff to discuss goals throughout the year.
- Encourage family involvement in your child's education.
- Provide information on resources in the community that strengthen your child or the family.
- Plan and organize family activities/events and home based socializations.
- Work with community agencies (i.e. Solvista Health, Family Youth Initiative, Chaffee County Health, etc.) to align programs which help support our families' needs.





# JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<b>Winter Break- No school!</b>						
8	9 <b>Classes resume!</b>	10	11	12	13	14
15	16 <b>MLK day, school IN SESSION!!!!</b>	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	<b>Please complete our mid-year parent survey! It helps us learn what we are doing well and what we can improve upon!</b>			

## Programs for Parents



SECC partners with the community to provide learning opportunities for parents and families. Please check out the opportunities below and let Heather or Sheri know if you are interested or have any questions about the following programs!

- **Nurturing Parenting Program**- Offered through FYI. This is an evidence-based parenting skills class.
- ***This Isn't What I Expected***- This is a parent support group on Monday nights from 4:30-6. Facilitated by a Sol Vista professional.
- **Safecare**- This home visitation program focuses on safety in the home, parent/child interactions, and child health.

# All about your child's education at SECC

## A child's play is really their WORK!

- Teachers and Home Visitors continually observe children while they work and play in order to respond to each child's unique skills and needs. Teachers use these observations to formally assess each child's growth throughout the year. Teachers can then provide intentional experiences that support growth for every child. Play in an enriching supporting environment is a child's work.
- Weekly visits from Home Visitors aim to support healthy attachment, offer parenting strategies and provide valuable child development information. Planned family events are great opportunities to gather with other families or community programs.
- Overall, our main goal is for young children to become curious thinkers and learners. We believe our role is to be your partner in the education of your child. Please share your input, ideas & family background/culture with us!

## The Curriculum

- Classrooms use the Creative Curriculum. Teachers arrange the environment, set a schedule, plan activities, and deliver instruction so that each child is uniquely challenged. It offers 4 main development areas: language, physical, cognitive and social/emotional. The goals and objectives tie directly to Colorado standards for school readiness. You will be invited to join a MyTeachingStrategies-Family app to communicate directly with your child's teacher.
- Home Visitors follow the Growing Great Kids curriculum which guides weekly visits. It is responsive to the developing needs of very young children and their families. The focus is on helping create strong parent-child attachment through understanding developmental milestones.
- We guide children's behavior by helping children gain self confidence, self regulation and social/emotional skills. We do this via lots of practice and lots of modeling. We never engage in corporal punishment, abuse or humiliation. We never use isolation, food as punishment/reward or denial of basic needs.

## Families

- We want to have a partnership with all of our families. We will ask for your input about our program, goals for your child and ways we can support your family. We try to meet with families on a regular basis including family partnership meetings, family/teacher conferences, home visits and daily at pick up and drop off.
- A child's first educational experiences set a foundation for their lifetime of learning! We call this school readiness. It is our goal that every child will succeed in future school experiences based on the foundation they get here at SECC. Research shows that children are most successful when families and schools work together. We encourage you to engage in these regular meetings.

## Transitions

Transitions are inevitable for families with young children. We are here to support your family as you navigate these.

**Family transitions:** We have many resources to help get through those tricky little life changes that happen like the birth of a new baby, potty training, divorce or moving. Please let us know if you would like some information on these or other topics.

### **School transitions:**

We will communicate with you when your child begins to move from one part of our program to another or even on to kindergarten. We will share ideas and strategies that support both you and your child as you navigate these changes.





# FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20 <b>Presidents Day! SCHOOL IN SESSION!</b>	21	22	23	24	25
26	27	28				

## Social Emotional Health

We are excited that our early childhood program has decided to implement the **Devereux Early Childhood Assessment (DECA)** Preschool Program.

Through the program, teachers and families learn specific ways to support young children's **social and emotional development.**

Teachers will complete an assessment of all children in the classroom. This assessment will help us learn about the way each child gets along with others, shares how they feel, explores, and learns. **Parents will also be asked to complete the assessment on their child.**

We will use this information to better plan for all children in the program, **building on individual children's strengths.**



# Files and Confidentiality

The Salida Early Childhood Center maintains family files for all children enrolled and are confidential. Parents who have legal custody of their children are welcome to review their file at any time. The files, are both paper and electronic copies. These contain your application, health records, individual observations, release forms, home visit documentation, developmental screens, and other information specific to your child and family.

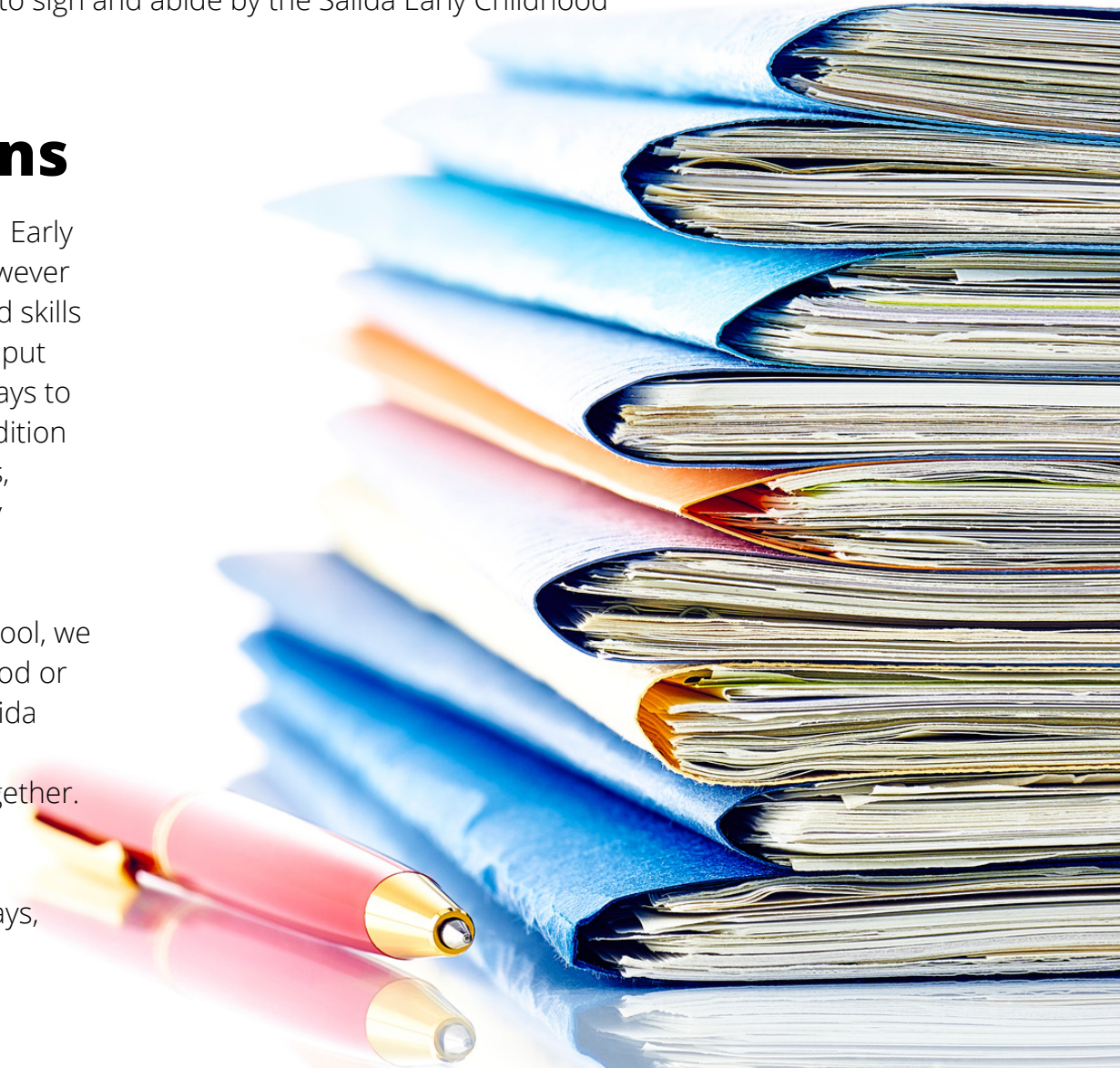
When you are volunteering in the classroom, any information you may learn about any child must remain confidential. All staff and regular volunteers are required to sign and abide by the Salida Early Childhood Center Confidentiality Policy.

# Holiday Celebrations

In order to be respectful of all views and values the Salida Early Childhood Center does not celebrate holidays. We do however encourage families to share favorite traditions, talents and skills with children in our classroom. The Center, with parent input and help, tries to come up with innovative and creative ways to provide rich experiences for all children. If you have a tradition or talent that you would like to share with our classrooms, please talk to your child's teacher or see one of the family services coordinators.

If families choose to celebrate their child's birthday at school, we ask that you bring an activity or party favor rather than food or candy. **No outside food or candy is allowed** at The Salida Early Childhood Center. Suggestions are pencils, stickers, crayons, or a game or activity that the children can do together. Please talk to your child's teacher about specifics.

If your family does not celebrate birthdays or other holidays, please discuss this with your child's teacher.








# MARCH 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2  <b>Pajama day!</b>	3	4
5	6	7	8 <b>SECC Home Visits March 8th and 9th, school is NOT in session!</b>	9	10	11
12	13	14	15	16	17	18
19	20 <b>SECC closed for Spring Break!</b>	21	22	23	24	25
26	27	28	29	30	31	

Children who are enrolled at SECC, and who are not transitioning to Kindergarten, will have a spot at the Center next year. Staff will work with you to submit any necessary documentation and new paperwork completion in April.

**We are always accepting applications at SECC. However, we encourage families to apply by APRIL for the following school year!**

Please encourage friends and family members to fill out an application for their children at [salidaschools.com](http://salidaschools.com)

National Read Across American Day is a nation wide reading celebration that takes place annually on March 2nd- Dr Suess' birthday. It's also **pajama day** at SECC!





Families are their children's most important source of healthy and social/emotional development. *Mental health* for babies starts with a caregiver who is **"there, aware, and cares."** Infants need to form a special bond with someone who is responsive to their needs and who helps foster a growing sense of themselves as individuals. Toddlers need to have consistent boundaries communicated to them as they begin to explore their environments. Preschoolers need help understanding their emotions, giving names to feelings, and managing their frustrations.

All young children benefit when their caregivers are healthy and not too stressed or depressed. Stress is natural and can be inevitable. However, stress can take a toll on your health and effectiveness as a parent.

When you are too stressed, it is difficult to offer the praise, nurturance, and structure your children need.

Talk back to your unhelpful thoughts: Stress comes from our perception of the situation. Technically, the actual situation is not stressful; it is our PERCEPTION that makes it stressful.

Here are some common unhelpful patterns of thinking that we all make as well as ways you can think about challenging these thoughts:

- **All or nothing thinking:** You see things in black and white categories. If your actions aren't perfect then they are seen as failure. *CHALLENGE:* try to think in shades of gray. Evaluate the situation on a scale of 0-10. Think again about partial success and reevaluate.
- **Filtering out the positive:** You focus on one thing that went wrong and filter out the positive events that occurred. *CHALLENGE:* Try to be kind to yourself as you would to a friend. Review the day's events and focus on all the positive things that went right. For every negative thing you think of, think of two positive things.
- **Jumping to conclusions:** You make a negative interpretation even though you don't have all the facts. *CHALLENGE:* Ask yourself, "Do I really know this to be true?" If no, focus on the things that you do know are true and which pieces of info you still need to make a realistic assessment.
- **Emotional Reasoning:** You assume that your negative emotions necessarily reflect the way things really are. *CHALLENGE:* Seek out the opinions of trusted friends or family to evaluate whether your thoughts are accurate.





# APRIL 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
<b>Watch for transition paperwork in your child's cubby</b>						
2	3	4	5	6	7 Enrollment deadline for 23/24 school year!	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22  Earth Day!
23	24	25	26	27	28	29 30

We have many wonderful and engaging volunteers at our Center who spend endless amounts of time with YOUR children. Please take a moment to thank them this month!

During the month of April, we honor each and every volunteer for their hard work!

If you would like to become a volunteer at SECC, contact Sheri or Heather for more info!



## CHILD ABUSE AND NEGLECT REPORTING INFORMATION

Preventing child abuse should be everyone's concern. Safety of children is important both at school and home. As staff of a licensed child care center, we are **mandated reporters** of suspected child abuse. This means that we have been trained to recognize the signs of child abuse and are required by law to report any suspected abuse immediately. This is always done with best intentions to protect the child. Parents or guardians may not be notified if a report has been made. You should also be aware that all of our staff have undergone criminal background checks and have fingerprints on file with the Colorado and Federal Bureaus of Investigation.

**The goal of the Salida Early Childhood Center is to advocate for families.**

### **Families should know the following:**

- The Early Childhood Center is here to support and help families.
- All staff has been fingerprinted and had a background check completed to insure your child's safety as well.
- All licensed Centers are legally obligated to report child abuse/neglect.
- Our Program acts as an advocate for families by referring them for assistance.
- The Salida Early Childhood Center works with other community agencies to best help families.
- The Salida Early Childhood Center offers parenting classes, workshops and various other resources to strengthen families.

### **Families can also support this effort by doing any of the following:**

- Increase their sensitivity to what and how children express themselves.
- Become knowledgeable about early childhood development and child care programs.
- Form relationships with other families who have children of the same age.
- Understand and use child abuse reporting procedures when appropriate.
- Communicate with the staff and director if you have any questions or concerns.

Our **open door policy** encourages families to speak to us freely about these issues as well as any others!


The HOTLINE number to call to report child abuse or neglect in Chaffee County is 844-CO4-KIDS. Your call will remain anonymous.





# MAY 2023

## How to prepare your child for Kindergarten

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<b>Teacher appreciation week!</b>						
7	8	9	10	11 Parent/teacher conferences 4-6pm!	12	13
14	15	16	17  National Bike to School Day!	18	19 Year end family event!	20
21	22	23	24 Last day of school!!!	25	26	27
28	29	30	31			

Have you signed your child up for Kindergarten? If he/she will be 5 years old by August 1st, they will be ready to enter Elementary School!

There will be transition activities scheduled in May for you and your child to become familiar with the Kindergarten program at Longfellow Elementary. Please check your child's cubby for information on these activities to ease the transition.

Some things you can do to help your child prepare include:

- Visit Longfellow during transition events. Your child will feel more secure if they see the classroom, playground, or school as a whole.
- Use materials given to you to by preschool/kindergarten teachers to keep your child's skills up this summer.
- Visit the school this summer! Play on the playground and check out the gardens.





## **THE SALIDA EARLY CHILDHOOD** **HOME-BASED PROGRAM SERVICES**

The Salida Early Childhood Center offers a home based program for expectant families and children, birth to age three.

Pregnant women services are built on individual family needs and include information on promoting a health pregnancy, fetal development, mental health wellness, postpartum recovery and adjustment, and the benefits of breastfeeding as well as supporting access to additional community resources. Prenatal services are delivered in collaboration by an educator and a Registered Nurse who is also a Certified Lactation Counselor.

Following the birth of the baby, the child is enrolled and an educator visits weekly to support parent understanding of child development and overall progress toward future school readiness.

Children who participate in the home-based program transition into the center when age-eligible and when the family is ready, prior to children on the waitlist.

Families in the home-based option also have an opportunity to participate in two family events each month.

As part of Early Head Start, families have the following available to them:

- Comprehensive child development screening and assessment
- Support in establishing a medical and dental home and accessing ongoing care
- Collaboration of services for children with disabilities
- Information and support on social and emotional development and wellbeing
- Links to additional community resources
- Family goal setting
- Volunteer opportunities
- Support with transitions





# JUNE 2023



## Housing Resources

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
<b>Summer Home Based programming begins</b>						
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

### **Income restricted multi-family complexes:**

- Salida Ridge Apartments (Salida)
  - 801-872-0060
  - [www.salidaridge.com](http://www.salidaridge.com)
- Riverbend Apartments (Salida)
  - 719-539-1950
- DeAnza Vista (Poncha Springs)
  - 719-431-0371
- Collegiate Commons (BV)
  - 719-966-5334

### **Salida Apartments**

- 1&2 bedroom apartments
- [www.salidaapartments.com](http://www.salidaapartments.com)

### **Rental Deposit Guarantee Program**

- Deposit payment assistance
- More info on Office of Housing website
- [www.chaffeecounty.org/enduserfiles/71577.pdf](http://www.chaffeecounty.org/enduserfiles/71577.pdf)

### **Chaffee Housing Trust**

- Home ownership opportunities
- 719-239-1199
- [chaffeehousing.org](http://chaffeehousing.org)



# Community Resources

## Chaffee County Breastfeeding Coalition

Breastfeeding support

719-207-3898

## Chaffee County Oral Health

Support in connecting with a dentist

719-530-2570

## Chaffee Housing Trust

Low income home buying options

719-239-1579

## Sol Vista

Mental Health services

719-539-6502

## Nurse Family Partnership

Home visitation program for new moms

719-221-5418

## WIC

Food resources and nutrition  
info

719-539-7413

## The Alliance

Support for DV/sexual violence

719-539-7347

## First Presbyterian Church

Emergency cash assistance/hotel vouchers  
for families experiencing homelessness

719-539-6422

## Ark Valley Recovery

Peer coach recovery network

719-999-7337

## Baby and me tobacco free

Support to quit smoking

719-530-2572

## Salida Pregnancy Center

Support to pregnant women and new moms

719-539-7436

## The Grainery Ministries

Food pantry

719-530-9050





# JULY 2023



## Early Childhood Mental Health Consultant Services

Through our partnership with Sol Vista Health, we offer mental health consultation at our Center.

We can help with:

- Individual child support in the classroom
- Parenting workshops
- Resources and referrals
- Staff trainings and classroom support
- Fostering environments that support everyone's mental health, children AND adults

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24 31	25	26	27	28	29

